



Ms Josephine Cotter-Coughlan
Director of Services
Community & Enterprise
Limerick County Council
County Hall
Dooradoyle
Limerick

4 February 2009

Re : Older & Bolder Meeting with Older People in Limerick on Tuesday, February 24 2009

Dear Colleague,

Older & Bolder is an alliance of eight organisations in the age sector in Ireland. The members of the alliance have come together to champion older people's rights and to campaign for the implementation of a National Positive Ageing Strategy for Ireland. Our members are: Active Retirement Ireland, Age Action Ireland, Age & Opportunity, Alzheimer Society of Ireland, Carers Association, Irish Hospice Foundation, Irish Senior Citizens Parliament and the Senior Help Line.

Older & Bolder wants an effective National Positive Ageing Strategy that will improve the quality of life of older people. We believe that this will only happen if older people have a real say in the design of the Strategy and that is why we have been calling for a meaningful consultation process by Government with older people.

On Tuesday, February 24th, Older & Bolder will be holding a meeting for older people in the **Strand Hotel, Ennis Rd., Limerick from 11 a.m. to 4 p.m.** The meeting is being organised with the support and assistance of the PAUL Partnership and John Buttery is our local contact person.

I am writing to ask you to notify older people and older people's groups with whom you are in contact through your organisation, network or local area about this meeting. Since we would like to meet with a wide cross-section of people and groups, the ideal would be for interested groups to nominate two or three representatives to attend on their behalf. **Intending participants will need to book places in advance of the meeting.**

The aims of the meeting are:

- To introduce Older & Bolder to participants
- To raise awareness about the National Positive Ageing Strategy
- To give older people an opportunity to identify issues that they would like Older & Bolder to address in our campaign on the National Positive Ageing Strategy
- To encourage older people to make their own voices heard in relation to the National Positive Ageing strategy and to provide them with practical campaign tools to do this.


Registration for the meeting will take place from 10.30 a.m. on the 24th. A light lunch will also be provided. At the meeting, there will be expert input from Pat Montague, Montague Communications, a consultancy group which specialises in giving voice to individuals and organisations working for progressive social change.

We hope that there will be a positive response from older people to our invitation to attend Older & Bolder's first Limerick meeting and we look forward to warmly welcoming everyone who joins us on the 24th February.

If you would like further information and/or to book places at the meeting, please call Older & Bolder at 01-8783623 or email us at info@olderandbolder.ie

I look forward to hearing from you.

Yours sincerely,



Patricia Conboy
Project Director