

## Sports Partnership Courses Sept 08

### Active Leadership

The Active Leadership Award has been developed by the Irish Sports Council and Sports Council for Northern Ireland to **provide a panel of trained, knowledgeable and enthusiastic community based leaders, whose aim is to encourage people to become and remain involved in sport and physical activity.** The course is designed to ensure that leaders will have the necessary competencies to plan and lead safe, enjoyable sport and physical activity sessions.

#### Who Should Attend This Course?

- Adult leaders who work or wish to work in a wide range of locations including local clubs, community groups, workplaces, community centres & sports' clubs

#### Certificate

A 'Certificate of Competence' will be awarded on completion of a satisfactory course assessment.

Participants are assessed throughout the course on attendance, application, leading a warm up session, planning ability and leadership skills.

#### Information about the course

- The training involves both practical and theoretical sessions, and takes approximately 10 hours to complete.
- Those wishing to train, as a leader must be: over 18 years at the start of the training course and should already have a link with a group.
- Specific sporting skills are not required. Interest, enthusiasm, communication skills and the intention to use the Award are more important.
- The training will be a practical and enjoyable experience.
- At the end of the course, the successful leader should be able to plan and lead safe and enjoyable activity sessions.

Details of up and coming courses can be found on the calendar of events

<b>Baton Twirling World Championship</b>	University of Limerick	5 <sup>th</sup> to 10 <sup>th</sup> August	Daily	Michelle Banks 098-0541448	€25	
<b>FAI Kick Start 1</b>	Askeaton	12 <sup>th</sup> & 13 <sup>th</sup> Sept	7 – 10pm (fri) 9 – 5pm (sat)	FAI	€45	
<b>FAI Intercultural Open Day</b>	Newcastle West	13 <sup>th</sup> September	10 – 4pm	Conor Nestor		
<b>Coaching Forum</b>	Dublin City University	13 <sup>th</sup> & 14 <sup>th</sup> September		Coaching Ireland	<b>Further Info</b> <a href="http://www.nctc.ul.ie">www.nctc.ul.ie</a>	
<b>The Female Player / Athlete</b>	Woodlands House Hotel, Adare	17 <sup>th</sup> September	7:30pm to 9:30pm	NCTC		15 <sup>th</sup> Sept
<b>Active Leadership</b>	TBC	September	9:00am to	Trevor Lovell	€30	

<b>Training</b>			7:00pm	Orla Power		
<b>Child Protection in Sport Awareness Training</b>	Woodlands House Hotel, Adare	September	7:00pm to 9:00pm	TBC	€10 / person	
<b>County Limerick LSP Strategy Launch</b>	TBC	September		LSP		
<b>Volunteer Education Seminar</b>	Woodlands House Hotel, Adare	2 <sup>nd</sup> October	7:00pm to 10:00pm	Liam McGroarty	FOC	30 <sup>th</sup> Sept
<b>Nutrition Workshop</b>	TBC	Sept/Oct	7:00pm to 10:00pm	County & City LSP's	TBC	
<b>Child Protection in Sport Awareness Training</b>	Woodlands House Hotel, Adare	13 <sup>th</sup> & 14 <sup>th</sup> October	7:00pm to 9:00pm	Grace McNamara	€10 / person	
<b>Speed Agility and Quickness (S.A.Q.)</b>	TBC	17 <sup>th</sup> October	4:30pm to 10:00pm	Damien Young	€40 / person	
<b>FAI Kick Start 2</b>	Ballingarry	14 <sup>th</sup> , 15 <sup>th</sup> & 16 <sup>th</sup> November	All Day	FAI Conor Nestor 086-0479542	€75	
<b>Buntus</b>	Deliver programme to 20 schools per term – 3 terms per year		4 hour	LSP Tutors	FOC	
<b>Buntus Start</b>	Deliver programme to childcare service providers in County Limerick		4 hour training 2 hour follow up	LSP Tutors	€75 per service provider	

Please contact LSP office @ [infosports@limerickcoco.ie](mailto:infosports@limerickcoco.ie) or phone 061 496428 for bookings